

Hope, Gratitude and *Solidarity*

In these uncertain and anxious times, many of us can no longer come together and experience the support of worshipping together. Drawing from the many faith traditions that make up the Dutchess Interfaith Council as well as literature, poetry and music, we offer this newsletter as a ray of hope in our daily lives. May we draw strength and hope from each other in these difficult times.



Interfaith Prayer Gathering to Thank Our Heroes in Health Care

[Click here to view the Prayer Gathering](#)



PRAYER

I do not know when we can gather together again in worship, Lord.

So, for now I just ask that:

When I sing along in my kitchen to each song on Stevie Wonder's Songs in the Key of Life Album, that it be counted as praise.

And that when I read the news and my heart tightens in my chest, may it be counted as a Kyrie.

And that when my eyes brighten in a smile behind my mask as I thank the cashier may it be counted as passing the peace.

And that when I water my plants and wash my dishes and take a shower may it be counted as remembering my baptism.

And that when the tears come and my shoulders shake and my breathing falters, may it be counted as prayer.

And that when I stumble upon a Tabitha Brown video and hear her grace and love of you may it be counted as a hearing a homily.

And that as I sit at that table in my apartment, and eat one more homemade meal, slowly, joyfully, with nothing else demanding my time or attention, may it be counted as communion.

Amen.

- Nadia Bolz-Weber

DCIC is taking part in the **DRIVE-THRU FOOD DRIVE, All For One Joint Community Effort on May 31, 1-4 p.m.** at the Poughkeepsie Galleria parking lot (Macy's entrance). [CLICK HERE](#) to view the informational poster on our website for how you can help.



Be sure to find us and Like us on Facebook for the latest DCIC information.

Visit our web *new* site at www.dutchesscountyinterfaith.org

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